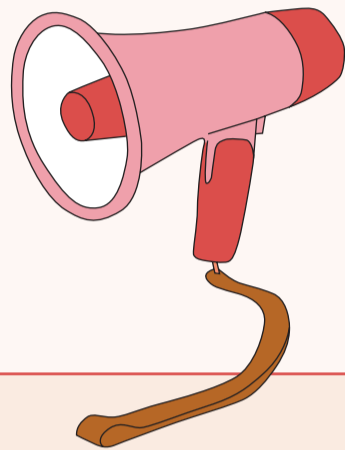
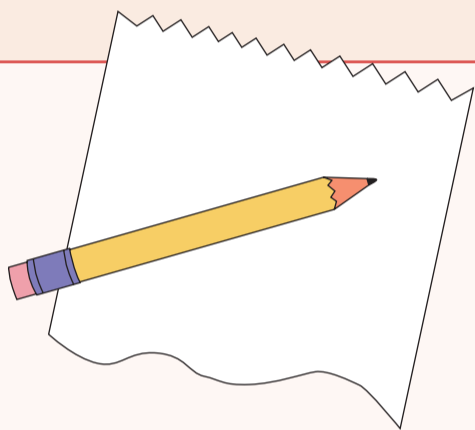


SEXUAL VIOLENCE

How to support survivors in the aftermath of sexual abuse.

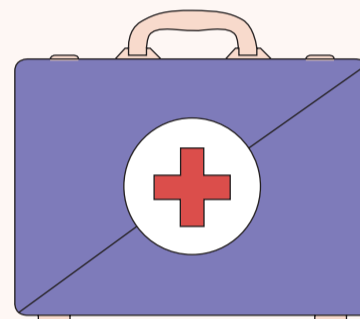
Believe them!



Create a safe space for the survivor, listen and give them time.

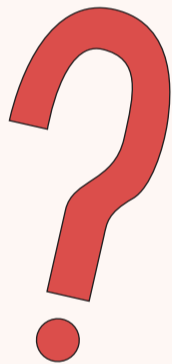


Log the incident.

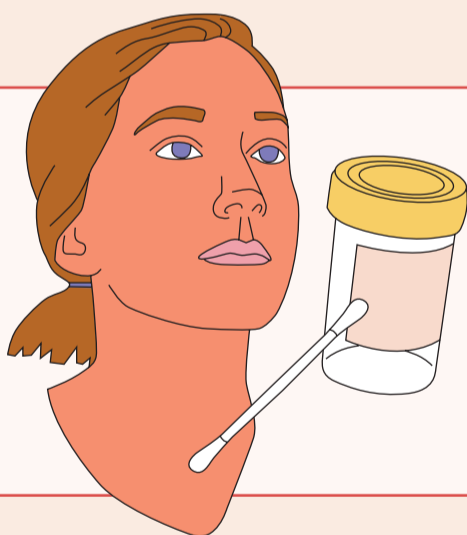


Do they have injuries? Encourage them to seek medical attention.

Are they at risk of further violence, are others at risk?



Consider sexually transmitted infections.



Do they want to go for a forensic examination?

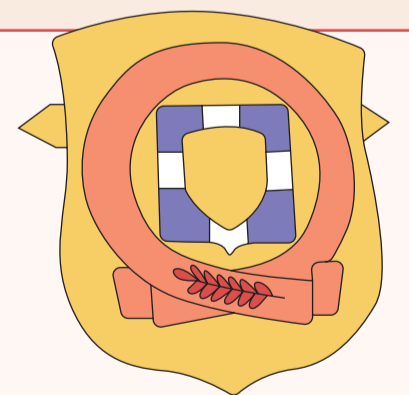


Could they be pregnant?

What will make them feel safe?



Do they want to report the abuse to the police?



Discuss coping methods with them, CAIM's coping methods may help. Healing is not linear, it takes time, self-compassion and courage.